

SPRING TERM 2020 MENU Week 3 – wc 20th January 2020

W K 3	Main Menu	Gluten Free Menu	Dairy Free Menu	Vegetarian
M	Vegetable Bolognese with Wholemeal Spaghetti	Vegetable Bolognese with GF Spaghetti	Vegetable Bolognese with Wholemeal Spaghetti	Vegetable Bolognese with Wholemeal Spaghetti
	Fresh Cauliflower & Green Beans Cheese Bowls Wholemeal Bread Crudités	Fresh Cauliflower & Green Beans Cheese Bowls GF Bread Crudités	Fresh Cauliflower & Green Beans Wholemeal Bread Crudités	Fresh Cauliflower & Green Beans Cheese Bowls Wholemeal Bread Crudités
	Fruit Cookie	GF Cookie	Fruit Cookie	Fruit Cookie
T	Sausages and Mini Yorkshire Puddings with Mashed Potato and Gravy	GF Sausages and Mini Yorkshire Puddings with Mashed Potato and Gravy	Sausages and Mini Yorkshire Puddings with Mashed Potato and Gravy	Glamorgan Sausages and Mini Yorkshire Puddings with Mashed Potato and Gravy
	Fresh Cabbage & Carrots Wholemeal Bread Crudités	Fresh Cabbage & Carrots GFI Bread Crudités	Fresh Cabbage & Carrots Wholemeal Bread Crudités	Fresh Cabbage & Carrots Wholemeal Bread Crudités
	Peach Slices & Ice Cream	Peach Slices & Ice Cream	Peach Slices & DF Ice Cream	Peach Slices & Ice Cream
W	Chicken Casserole & Rice	Chicken Casserole & Rice	Chicken Casserole & Rice	Vegetable Casserole & Rice
	Fresh Broccoli & Sweetcorn Wholemeal Bread Crudités	Fresh Broccoli & Sweetcorn GF Bread Crudités	Fresh Broccoli & Sweetcorn Wholemeal Bread Crudités	Fresh Broccoli & Sweetcorn Wholemeal Bread Crudités
	Fruit Shortbread & Fromage Frais	GF Shortbread & Fromage Frais	Fruit Shortbread & DF Ice Cream	Fruit Shortbread & Fromage Frais
Th	Roast Pork with Roast Potatoes & Gravy	Roast Pork with Roast Potatoes & Gravy	Roast Pork with Roast Potatoes & Gravy	Roast Quorn Fillet with Roast Potatoes & Gravy
	Fresh Cauliflower & Peas Wholemeal Bread Crudités	Fresh Cauliflower & Peas GF Bread Crudités	Fresh Cauliflower & Peas Wholemeal Bread Crudités	Fresh Cauliflower & Peas Wholemeal Bread Crudités
	Cheese, Crackers & Grapes	Cheese, GF Crackers & Grapes	Fresh Fruit Salad	Cheese, Crackers & Grapes
F	Salmon Pasta Bake	GF Salmon Pasta Bake	DF Salmon Pasta Bake	Vegetable Pasta Bake
	Farmhouse Mixed Vegetables Wholemeal Bread Crudités	Farmhouse Mixed Vegetables GF Bread Crudités	Farmhouse Mixed Vegetables Wholemeal Bread Crudités	Farmhouse Mixed Vegetables Wholemeal Bread Crudités
	Chocolate & Orange Sponge with Chocolate Sauce	Chocolate & Orange Sponge with Chocolate Sauce	Chocolate & Orange Sponge with DF Custard	Chocolate & Orange Sponge with Chocolate Sauce